

CBC Track Guidelines



Coaches

- Coaches will pre-screen all athletes before they get on the bus (away) or enter the stadium (home) using the NFHS COVID symptoms checklist
- Face coverings required at all times while coaching
- Hand Sanitizer will be available in the stadium

Players

- ALL athletes are to wear face coverings while not actively participating in an event
- Athletes will practice social distancing at all times (to the best of their ability).

Training Room/Training Services

- Water will NOT be provided. All athletes must bring enough water to cover the night. There is to be NO shared water bottles.
- Trainers will provide first aid and ice for all athletes in need, but must wear face coverings at all times.

Spectators

- Must maintain proper social distancing (6') at all time (Families who live in the same household may sit together)
- Must wear face coverings while on school grounds
- Must leave the facility at the conclusion of the event (no congregating inside the stadium)

Stadium Capacity/Layout

- Stadiums will operate at no more than 30% capacity

- Announcements will be made throughout the event reminding fans to maintain social distancing